



# COVID-19 Management Guide for Scouting Activities

## Purpose

This guide supports reducing the risk of COVID-19 transmission during membership activities

## Policy

This guide supports the objectives of Scouts SA's WHS Policy

## Key Risk Controls

- Clean hands frequently
- Physical distancing at 1.5 metres
- Wearing face masks that cover the nose and mouth is recommended
- Cleaning and sanitising work areas
- Isolate and test if you have symptoms.

## Cleaning Hands

Hands should be washed:

- before and after eating or preparing food
- after going to the toilet
- after coughing, sneezing and blowing your nose
- after being out in public places and touching common items
- for 20 seconds at a time (sing "Happy Birthday to You" twice for an idea of how long that is)

Where possible use soap and running water, if this isn't available use an alcohol-based hand sanitiser

A sanitiser should be visible from any place on site and available within 20 metres walking distance of each work area.

## Physical Distancing

Physical distancing is an important part of reducing the spread of the virus.

Maintain physical distancing at 1.5 metres wherever possible.

When camping or having sleepovers, please maintain social distancing of 1.5 metres with sleeping locations; where not possible, maintain 50% capacity e.g a 4 man tent should only house 2 people



## **Masks**

It is strongly recommended that masks are worn indoors when 1.5 metre spacing cannot be achieved.

Masks are recommended be worn by people over the age of 12 when meetings or communal activities take place.

Masks should cover the mouth and nose.

Suitable masks include reusable cloth masks and single use (surgical style) masks.

Scarves, bandanas, snoods or face shields are not to be used as substitutes for face masks.

## **Cleaning and Sanitising**

Appoint a person(s) responsible for ensuring all touch points (door handles, equipment, controls, keyboards etc.) are cleaned and sanitised after each use.

This will include:

- Customer service areas
- Kitchen and communal areas
- Toilets
- Office spaces

Common Use Vehicles, Plant & Equipment.

## **Potential COVID-19 Exposure**

Group Leaders need to notify parents if they have been made aware of a positive COVID-19 case that has been at face to face activities whilst suspected to be infected.

Any youth member who attends a Scout activity who presents with symptoms should be isolated and parents/caregivers contacted for immediate collection.

The Group Leader is responsible for ensuring Leaders are abreast of close contact requirements. This information is available at

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/infectious+diseases/covid-19/cases+and+contacts/close+contact+advice/close+contact+advice>

Where a positive case is identified at a Scouting facility a thorough clean should be conducted.



### **Are you Unwell with COVID-19 symptoms? What to do**

Avoid contact with others if you are unwell – this includes:

- work
- education
- childcare
- shopping centres
- sporting events
- social or religious gatherings.

Continue to follow measures that will help stop the spread. Practice good hygiene, keep 1.5 metres distance from others and stay at home if you are unwell.

People experiencing any of the following symptoms, no matter how mild, should be tested for COVID-19 as soon as symptoms appear:

- fever (a temperature of 37.5°C or higher) or chills
- cough
- loss of taste or smell
- sore throat
- tiredness (fatigue)
- runny or blocked nose
- shortness of breath (difficulty breathing)
- nausea, vomiting or diarrhoea
- headache
- muscle or joint pain
- loss of appetite

### **Key Contacts for COVID-19 information and Support:**

#### **SA COVID-19 Information Line**

General information, self quarantine and emergency accomodation

**1800 253 787 available 9am to 5pm, 7 days a week**

#### **SA COVID-19 Mental Health Support Line**

Provides mental health support for people surrounding COVID-19.

**1800 632 753**

