

## Come and Try Canoe Polo Information



## **Clothing**

As this is a water activity it is to be expected that all participants will get wet, hence a **FULL** change of clothing is required.

Paddling clothing includes,

- Top with sleeves No Cotton
- Check the weather and consider Therma tops and / wind proof jacket.
- Shorts / Leggings / Hat sun smart compliant. Hats will not be worn on the water.
- Boating shoes old sneakers or water shoes NO boots/waders/thongs/crocs

Other items may include

- Sunscreen / Repellent
- Sunglasses / Glasses retaining strap
- Bag for wet clothing / Towel
- Paddling Gloves

## **Forms**

Youth Details (Y4) and Paddle SA Health Information form need to be emailed to Amanda at <a href="mailto:bc.paddling@sa.scouts.com.au">bc.paddling@sa.scouts.com.au</a> by the 10<sup>th</sup> of May 2024.

## Location

The event is being held at Bartley Bridge, West Lakes.

Please arrive by 9:30am and check in with Amanda who will be in Scout uniform with a bright yellow hat.

Note: there are no toilets at this location. Nearest public toilets are at Dotterel Reserve or Mirani Court Reserve.

Parents / Carers are encouraged to stay and watch.